

# **HEAT STRESS PROGRAM**



## Summary of Changes

Date: 6/7/2023

Section	Change
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All	Initial program publication.
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- d. Schedule work and/or breaks to mitigate effects of heat stress.
- e. Provide potable water, rest breaks, and shade.
- f. Monitor employees for heat illness, monitor acclimatization of employees, and monitor work.
- g. Train employees and review procedures for caring for employees during hot seasons of the year.
- h.

**(5) Workers**

- a. Receive training about heat stress program.
- b. Adhere to protocols of heat stress program.
- c. Properly use all PPE that is provided.
- d. Monitor self and co-workers for symptoms of heat illness.
- e. Comply with all requests to take breaks from work.

**D. HEAT STRESS CONTROLS**

- a. Engineering: Shade structures, cooldown areas, A/C systems, misting fans.
- b. Administrative: Utilize cooler parts of the workday for hot jobs, rotate job functions among staff, ensure adequate break scheduling, set up monitoring assignments and buddy system.
- c. PPE/Clothing: Reflective clothing, hats, neck wraps, cooling vests, and head coverings.

**E. EMPLOYEE SUFFERING FROM SIGNS OF HEAT ILLNESS**

- a. Provide employees relief from duty.
- b. Provide employees with the means to reduce body temperature.
- c. Monitor employees to determine if medical care is necessary.

**F. HEALTH RISK FACTORS/ACCLIMATIZATION**

- a.

