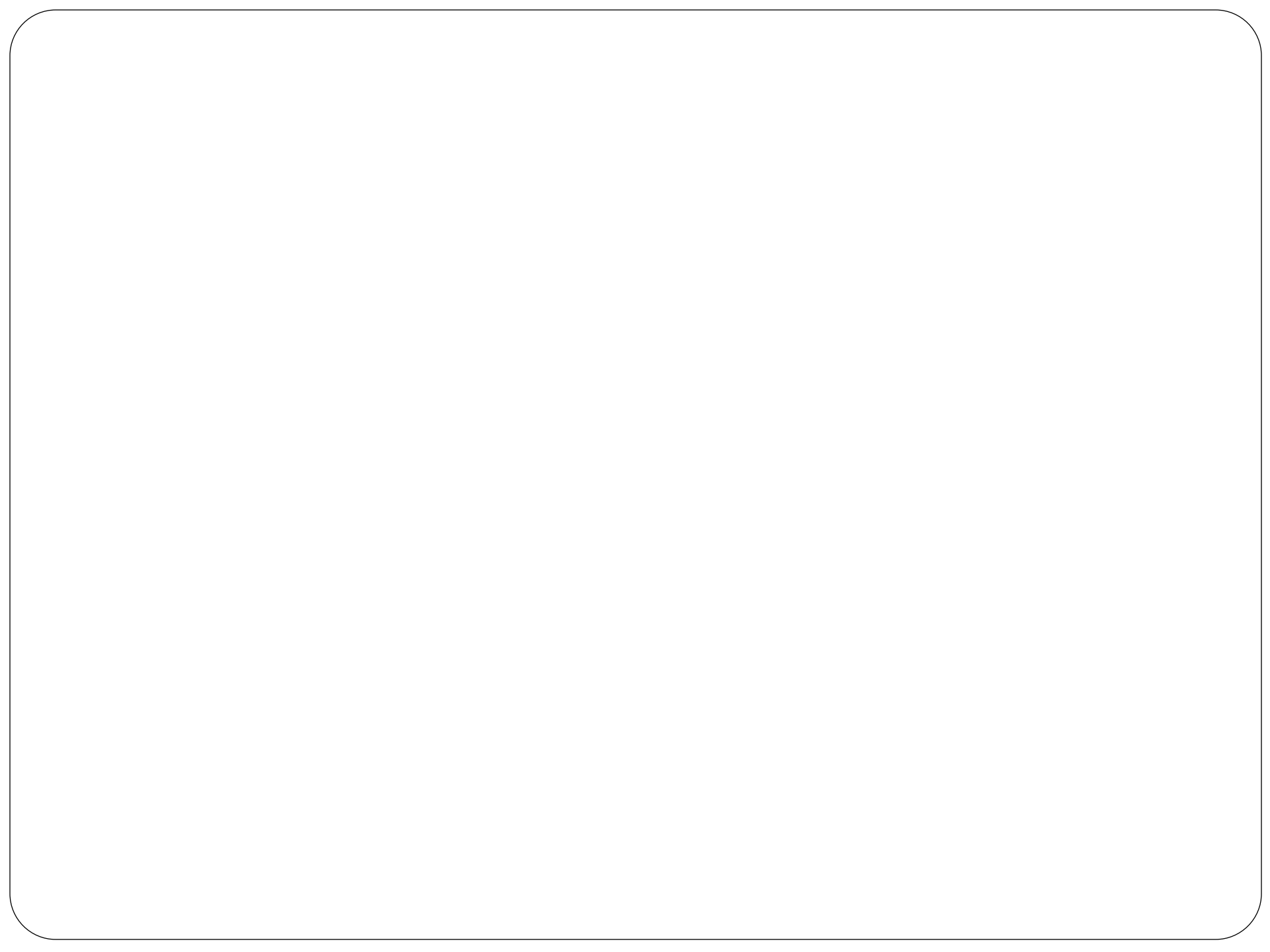


# Transgender Awareness

Brought to you by Delta Kappa, Zeta Chapter  
University of Nevada, Las Vegas



# Healthcare Issues Faced by Transgender Individuals

Discrimination in receiving healthcare; misgendering by healthcare professionals

Lack of medical/mental health coverage by insurance companies

Risk of self-medication (alcohol and drug abuse)

For transgender individuals interested in sex reassignment surgery, receiving medical approval can be a challenge

Identifying outside the binary of "male" or "female"

# Risk Management Issues Faced by Transgender Individuals

At risk for violence/hate crimes

Lack of safety in using restrooms or locker room facilities

Increased risk for suicide; 41% have attempted

Transwomen of color at greatest risk

# Common Relational Issues

Psychological stress (both for the individual who identifies as transgender as well as their family)

Loss of friends and family members

Ostracized by family and/or peers

Potential for being ostracized within the LBGT community

# Housing, Employment, and Legal Issues Faced by Transgender Individuals

Employment concerns

“Real ID” law

Prevents one from changing their name without a court order

Harassment and discrimination in the workplace

Higher rates of poverty

Higher rates of housing instability

Discrimination in shelters

# How You Can Help

Destigmatize through increasing visibility/education

Utilize trans-affirmative symbols/language in your practice

Reflect on the influence of cisgenderism in your practice

(Blumer, Ansara, and Watson, In Press)

Offer sliding scale or free treatment

Develop support groups and networks for youth who identify as transgender

Get connected with larger organizations (such as National Center for Transgender Equality (NCTE), Trans\*awareness Project, etc)

Support local/national advocacy efforts (Transgender Day of Remembrance, Nov 20, 2013)

# Resources

GLAAD

<http://www.glaad.org/transgender>

Injustice at Every Turn: A Report of the National Transgender  
Discrimination Survey

[http://www.thetaskforce.org/reports\\_and\\_research/ntds](http://www.thetaskforce.org/reports_and_research/ntds)

Human Rights Campaign

<http://www.hrc.org/resources/entry/resources-for-people-with-transgender-family-members>

National Center for Transgender Equality

<http://transequality.org/>

Gender Justice Nevada

<http://www.gjnv.org>



# References

Beyond Transition: Issues Faced by Transgender Individuals  
and the Need for Equal Workplaces

[http://www.outandequal.org/documents/S6  
Beyond\\_Transition.pdf](http://www.outandequal.org/documents/S6<br/>Beyond_Transition.pdf)

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